

# GROCERY RELIEF

## June 2012 Good Faith Food Box Menu

### Main Courses

Pork Loin – Four 4 oz loin cuts  
Roasting Hen – 6.5 lb roasting hen  
Chicken Breasts – 2 lb breaded chicken breast fillets  
Hamburger – 1 lb package of ground beef  
Lasagna – 32 oz lasagna with meat sauce

### Breakfast Items

Sausage – 7oz sausage links  
Homestyle Waffles (10 count)

### Potatoes & Sides

Corn Bread Stuffing Mix (6 oz)  
Brown Gravy Mix (two 0.87 oz packets)  
Mashed Potatoe Flakes (6 oz)  
Dinner Rolls (12ct / 1.25 oz)

### Veggies

Butternut Squash (16 oz)

### Dessert

Coconut Custard Pie

**Food Box Retail Value: \$65 - your cost \$35**

### **6 lb Assorted Meat Box - \$28**

2 lb Rib-Eye Steaks - (4 individual 8 oz steaks)  
2 lb Hamburger Patties - (6 individual 5.33 oz patties)  
2 lb Pork Chops, bone-in center cut - (6 individual 5.33 oz chops)

### **10 lb Chicken Box - \$16**

10lb box of individually quick frozen, lightly glazed chicken breast fillets and pieces. Great in a meal, for sandwiches, or by themselves for handy dipping!

### **Single Serve Frozen Meal Box**

**10 Microwaveable Meals \$27 - That's only \$2.70 each!**

- ❖ Three Cheese Ravioli in Tomato Crème Sauce with Broccoli and Cauliflower
- ❖ Breaded Baked Fish with Garden Pasta, Brussels Sprouts and Yellow Squash
- ❖ Chicken Parmesan in Marinara Sauce over Fettuccine with Turnips and Zucchini
- ❖ Meatloaf with Mashed Potatoes, Cauliflower and Peas & Carrots
- ❖ Fiesta Chicken & Rice with Vegetables, Corn and Cauliflower
- ❖ Swedish Meatballs over Noodles with Broccoli & Black Bean Blend
- ❖ Chili with Beef & Beans, Sweet Potatoes and Green Beans
- ❖ Chicken and Noodle with Brussels Sprouts and Corn
- ❖ Cheese Tortellini Promodoro with Italian-style Tomato Sauce, Brussels Sprouts and Carrots
- ❖ Spanish Omelet with Maple Oatmeal & Cinnamon Applesauce

**Great for Seniors, College Students and Families on the Run!**

**Learn more online @ [www.FeedingFamilies.Net](http://www.FeedingFamilies.Net)**

**Order online @ [www.GoodFaithFoodBox.org](http://www.GoodFaithFoodBox.org)**

*Good Faith Food Box is here to help you stretch your food dollars!*

*Savings of 30% to 60% AND MORE!*

### **Upcoming Food Box Dates**

June – Order cutoff 6/11/2012	Pickup date – 6/23
July – Order cutoff 7/9/2012	Pickup date – 7/21
August – Order cutoff 8/6/12	Pickup date – 8/17

Offering a hand up.....



*Southwest Church of Christ ♦ 5340 Courthouse Rd, Chesterfield, VA 23832 ♦ (804) 745-3667*  
*[www.FeedingFamilies.Net](http://www.FeedingFamilies.Net) ♦ [www.Swcoc.net](http://www.Swcoc.net) ♦ [www.GoodFaithFoodBox.org](http://www.GoodFaithFoodBox.org)*



**MAIL TO:**

SWCOC ATTN: Feeding Families  
5340 Courthouse Rd  
Chesterfield, VA 23832  
(804) 745-3667

**Order Deadlines: By Mail: 1 week prior to cut off date listed on front page; In Person: Cut off date listed on front page of order form. Thank you for your cooperation. Please Print Clearly and Legibly**

Date: \_\_\_\_\_ Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number(s): \_\_\_\_\_ Email: \_\_\_\_\_

*Partner Church/Pickup location: Southwest Church of Christ*

**Monthly Food Box**                      *35.00/box*    Quantity: \_\_\_\_\_    Total Cost: \$ \_\_\_\_\_

**Assorted Meat Box**                      *28.00/box*    Quantity: \_\_\_\_\_    Total Cost: \$ \_\_\_\_\_

**10# Chicken Box**                      *16.00/box*    Quantity: \_\_\_\_\_    Total Cost: \$ \_\_\_\_\_

**Convenience Meal Box**                      *27.00/box*    Quantity: \_\_\_\_\_    Total Cost: \$ \_\_\_\_\_

**Total Amount of Payment**    Total Cost: \$ \_\_\_\_\_

**Form of Payment:**     EBT/SNAP     CASH     MONEY ORDER     CHECK (Church Members Only)     CREDIT\*

We are sorry for any inconvenience, we are only able to accept Checks from our Church Members at this time.

\***Credit Card Orders** can be placed online @ [www.GoodFaithFoodBox.org](http://www.GoodFaithFoodBox.org) list Southwest Church of Christ on your order as your pickup location!

\* **EBT/SNAP Orders** ("Food Stamps") are now accepted. Please call our office to make arrangements to come in and complete your order in person.

**PLEASE NOTE:** Please Mail your order in time to allow for delivery; if mailing do not send cash. Thank you for your understanding. If hand delivering your order, Please call first to ensure someone will be available to take your order and provide you a receipt.

\*Good Faith reserves the right to substitute any of the items on the menu due to availability, cost and quality.

\*All boxes must be picked up within the designated pickup time or boxes will be donated to a needy family. We are sorry for any inconvenience, we just do not have the space to keep additional boxes of food. If for some reason an emergency has arisen, please contact us to make other possible arrangements.

**We are here to serve you and look forward to seeing you soon!**

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